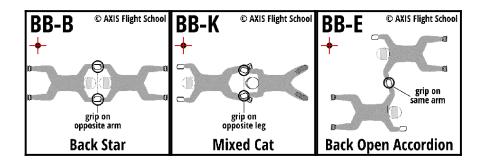
# Manually Configured Draw

| Training Camp |                    | JSIS Championships 2021 VFS 2-way Int.          |  |  |  |
|---------------|--------------------|---|--|--|--|
| Dive Pool     | U                  | SIS VFS 2Way Open                               |  |  |  |
| Draw          |                    |   |  |  |  |
| Round         | Formation IDs      | Formation Names                                 |  |  |  |
| 1:            | BB-B-BB-K-BB-E     | Back Star-Mixed Cat-Back Open Accordion         |  |  |  |
| 2:            | BB-2-BB-A          | Back Grip Over/Under Grip-Belly Star            |  |  |  |
| 3:            | HU-1—HU-B          | Grip 360 Grip—In-Facing Double Grip             |  |  |  |
| 4:            | HU-C – HU-2        | Out-Facing Double Grip—Grip Carve Grip          |  |  |  |
| 5:            | HU-J — HU-A — HU-G | Double Spock—Single Grip—Totem                  |  |  |  |
| 6:            | HU-F – HU-E – HU-H | Feet-to-Knees—Hands-to-Feet—Foot-to-Foot        |  |  |  |
| 7:            | HU-D – HU-4        | Hand-to-Foot—Grip Over/Under Grip               |  |  |  |
| 8:            | HU-B-HU-A-HU-F     | In-Facing Double Grip—Single Grip—Feet-to-Knees |  |  |  |
| 9:            | HU-D-HU-2          | Hand-to-Foot—Grip Carve Grip                    |  |  |  |

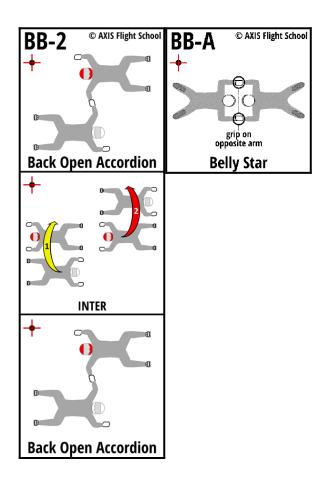


Formation IDsBB-B - BB-K - BB-EFormation NamesBack Star - Mixed Cat - Back Open Accordion





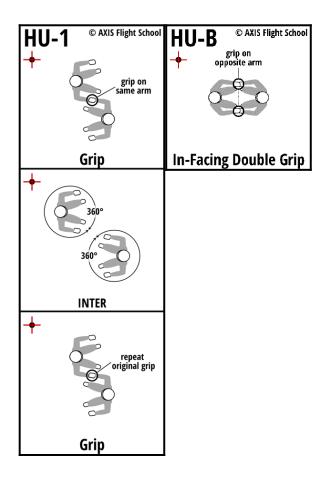
Formation IDsBB-2 - BB-AFormation NamesBack Grip Over/Under Grip - Belly Star





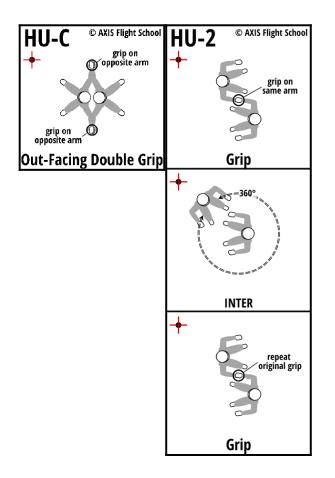
Formation IDs HU-1 – H Formation Names Grip 360

HU-1 – HU-B Grip 360 Grip – In-Facing Double Grip



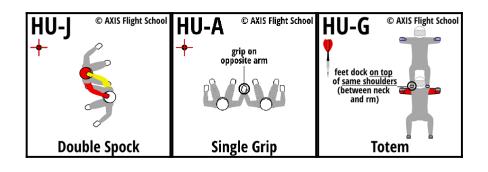


Formation IDsHU-C - HU-2Formation NamesOut-Facing Double Grip - Grip Carve Grip



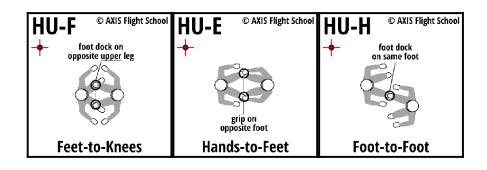


Formation IDs Formation Names HU-J – HU-A – HU-G Double Spock – Single Grip – Totem



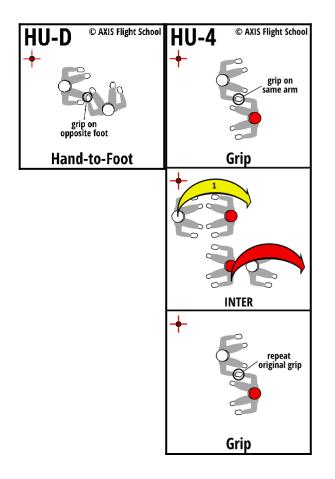


Formation IDs Formation Names HU-F — HU-E — HU-H Feet-to-Knees — Hands-to-Feet — Foot-to-Foot



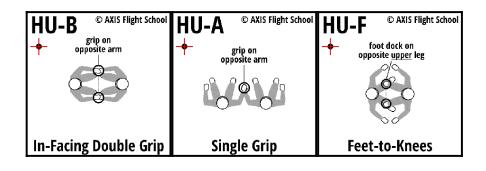


Formation IDsHU-D - HU-4Formation NamesHand-to-Foot - Grip Over/Under Grip



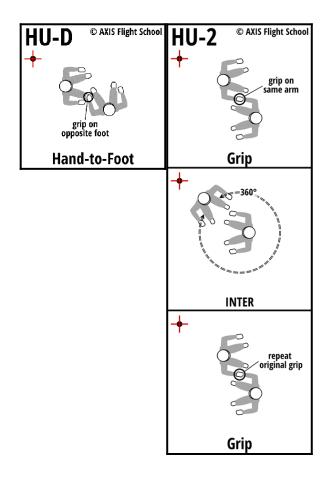


Formation IDsHU-B - HU-A - HU-FFormation NamesIn-Facing Double Grip - Single Grip - Feet-to-Knees





Formation IDsHU-D - HU-2Formation NamesHand-to-Foot - Grip Carve Grip





снкопо



# ChronoPrism<sup>™</sup> — The AXIS Flight School Training Tool for Formation Skydiving Teams

Try our specially designed stopwatch for use on movilde devices and computers. This tool provides a new and creative way for formation skydiving, vertical formation skydiving and mixed formation skydiving teams to visualize their performances and streamline the analysis of training and competition jumps.

ChronoPrism generates a performance analysis that tracks data including a jump's pace; points scored; penalties incurred; and best, worst, average and median times per point transition.

|  | ts scored 28 Pe   | antine incurred |             |                        | 0  |
|--|---|-----------------|-------------|------------------------|----|
| Decembel   | N = 9040  | 5640 - 5655     | 989 – K     | K = N                  | Ľ  |
| Best   | 0.48 1000   | 0.55* 1025      | 0.46* 1025  | 0.57 <sup>4</sup> 1075 | 17 |
| Worst  | 2.63* 5725  | 1.057 1100      | 1.952 (100) | 1.787 1020             | 12 |
| Average  | 1.20 2575   | 1.20 2325       | 1.17 25%    | 1.31 2275              |    |
| Median   | 0.94 2515   | 1.10 2225       | 1.30 25%    | 1.35 2215              | 1  |
| 200 NA<br>467 N0 -<br>501 K -<br>267 N<br>100 SA<br>104 N0<br>104 N0<br>104 N0 | N 126<br>RA 155<br>RA 155<br>K 154<br>N 174<br>N 174  |                 |             | _                      | 1  |
|  |   |                 |             | _                      |    |
| 18.38 8.Al<br>36.30 861 -<br>7 apr 5<br>21.60 K                                | N 158<br>9,0 159<br>9,0 159<br>10,1 159 |                 | -           | _                      |    |



Photo by Niklas Daniel

#### «X-pansion Projects» — Team Coaching Level 1

#### **Team Building**

Would you like to find out if formation skydiving is for you? Then we invite you to take part in our AXIS X-pansion<sup>™</sup> projects. AXIS Flight School has a large student body to draw from in order to form weekend teams. Participants of similar skill levels are exposed to quality training that involves jumping as well as tunnel coaching with one or two AXIS coaches as part of the formation.



Photo by Niklas Daniel

# <u>«Player-Coaching Teams» — Team Coaching Level 2</u>

#### **Feeding Your Passion**

Those who are bit by the "4-way bug" are welcome to return and continue learning and training with AXIS coaches for a training season. Team and individual goals can be tailored to a group's level of ambition. In many cases, X-pansion Project teams end up forming a player coach team to compete with an AXIS coach at the USPA Nationals in their first year. There are several divisions a team can enter based on skill level and experience. In order to compete and effectively train, a full time videographer needs to be incorporated in the season's training plan.



Photo by Niklas Daniel

#### «Competition Coaching» — Team Coaching Level 3

#### Sharpen Your Edge

AXIS Coaches<sup>™</sup> have been on the USA Parachute Team multiple times in various disciplines, and have proven through example how to achieve an elite level. Our coaches can assist in your team's endeavors by passing on their knowledge and experience onto your team. On your pursuit to greatness, a coach can offset much of the burdens associated with high-level training as an external support element.



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