

Round 1	Round 2	Round 3	Round 4	Round 5	Round 6	Round 7	Round 8	Round 9
<p>BB-B © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Back Star</p>	<p>BB-2 © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Back Open Accordion</p>	<p>HU-1 © AXIS Flight School</p> <p>grip on same arm</p> <p>Grip</p>	<p>HU-C © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Out-Facing Double Grip</p>	<p>HU-J © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Double Spock</p>	<p>HU-F © AXIS Flight School</p> <p>foot dock on opposite upper leg</p> <p>Feet-to-Knees</p>	<p>HU-D © AXIS Flight School</p> <p>grip on opposite foot</p> <p>Hand-to-Foot</p>	<p>HU-B © AXIS Flight School</p> <p>grip on opposite arm</p> <p>In-Facing Double Grip</p>	<p>HU-D © AXIS Flight School</p> <p>grip on opposite foot</p> <p>Hand-to-Foot</p>
<p>BB-K © AXIS Flight School</p> <p>grip on opposite leg</p> <p>Mixed Cat</p>	<p>INTER</p> <p>INTER</p>	<p>INTER</p> <p>INTER</p>	<p>HU-2 © AXIS Flight School</p> <p>grip on same arm</p> <p>Grip</p>	<p>HU-A © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Single Grip</p>	<p>HU-E © AXIS Flight School</p> <p>grip on opposite foot</p> <p>Hands-to-Feet</p>	<p>HU-4 © AXIS Flight School</p> <p>grip on same arm</p> <p>Grip</p>	<p>HU-A © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Single Grip</p>	<p>HU-2 © AXIS Flight School</p> <p>grip on same arm</p> <p>Grip</p>
<p>BB-E © AXIS Flight School</p> <p>grip on same arm</p> <p>Back Open Accordion</p>	<p>Back Open Accordion</p> <p>Back Open Accordion</p>	<p>INTER</p> <p>repeat original grip</p> <p>Grip</p>	<p>INTER</p> <p>repeat original grip</p> <p>INTER</p>	<p>HU-G © AXIS Flight School</p> <p>feet dock on top of same shoulders (between neck and rm)</p> <p>Totem</p>	<p>HU-H © AXIS Flight School</p> <p>foot dock on same foot</p> <p>Foot-to-Foot</p>	<p>INTER</p> <p>repeat original grip</p> <p>INTER</p>	<p>HU-F © AXIS Flight School</p> <p>foot dock on opposite upper leg</p> <p>Feet-to-Knees</p>	<p>INTER</p> <p>repeat original grip</p> <p>INTER</p>
<p>BB-A © AXIS Flight School</p> <p>grip on opposite arm</p> <p>Belly Star</p>	<p>HU-B © AXIS Flight School</p> <p>grip on opposite arm</p> <p>In-Facing Double Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>	<p>Grip</p> <p>repeat original grip</p> <p>Grip</p>



Photo by Niklas Daniel

«X-pansion Projects» —
Team Coaching Level 1

Team Building

Would you like to find out if formation skydiving is for you? Then we invite you to take part in our AXIS X-pansion™ projects. AXIS Flight School has a large student body to draw from in order to form weekend

teams. Participants of similar skill levels are exposed to quality training that involves jumping as well as tunnel coaching with one or two AXIS coaches as part of the formation.

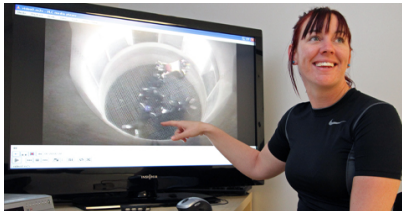


Photo by Niklas Daniel

«Competition Coaching» —
Team Coaching Level 3

Sharpen Your Edge

AXIS Coaches™ have been on the USA Parachute Team multiple times in various disciplines, and have proven through example how to achieve an elite level.

Our coaches can assist in your team's endeavors by passing on their knowledge and experience onto your team. On your pursuit to greatness, a coach can offset much of the burdens associated with high-level training as an external support element.

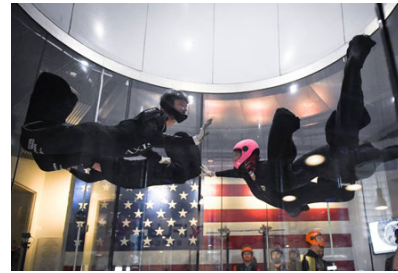


Photo by Niklas Daniel

«Player-Coaching Teams» —
Team Coaching Level 2

Feeding Your Passion

Those who are bit by the "4-way bug" are welcome to return and continue learning and training with AXIS coaches for a training season. Team and individual goals can be tailored to a group's level of ambition.

In many cases, X-pansion Project teams end up forming a player coach team to compete with an AXIS coach at the USPA Nationals in their first year. There are several divisions a team can enter based on skill level and experience. In order to compete and effectively train, a full time videographer needs to be incorporated in the season's training plan.



ChronoPrism™

The AXIS Flight School Training Tool
for Formation Skydiving Teams

Try our specially designed stopwatch for use on mobile devices and computers. This tool provides a new and creative way for formation skydiving, vertical formation

skydiving and mixed formation skydiving teams to visualize their performances and streamline the analysis of training and competition jumps. ChronoPrism generates a performance analysis that tracks data including a jump's pace; points scored; penalties incurred; and best, worst, average and median times per point transition.

